

Make a gift today.
Leave a legacy tomorrow.

The Charity With Care Newsletter



Serving God's People through Generosity

Catholic Charities is blessed to have the support of donors throughout the Diocese whose commitment to charity runs deep. For Ann Kampeter, giving to Catholic Charities has provided a closer relationship with her faith and a love and commitment to serving God's people.

"My parents gave me the foundation of my Catholic faith. They taught me the importance of giving selflessly and serving God's people through compassion. They were my first examples of a commitment to their faith and to the local community we grew up in."

Ann holds a special place in her heart for her hometown. Growing up in a small rural town and now serving on the board of the Samaritan Center, she realizes many individuals and families are struggling. Ann's generosity has played an integral role in the Catholic Charities mobile resource bus and the anti-human trafficking program.

Catholic Charities mobile resource bus provides basic needs assistance in both urban and rural locations, serving struggling families and allowing them to conserve precious resources by taking services to them, rather than having them travel to receive help.

Ann has also supported Catholic Charities efforts to assist victims of human trafficking, including playing a major role in bringing the first annual Missouri's Stop Human Trafficking Conference to Jefferson City. The two-day conference in September will provide resources to service providers and bring awareness to individuals in the local community.

To learn more about how you can help or events going on at Catholic Charities please visit www.cccnmo.org



Ann Kampeter and the mobile resource bus.



Dan Lester,
Executive Director

Friends:

Spring has sprung here in central and northern Missouri! It seems as though we went straight from winter to summer, and just last night strong storms tore across parts of the state, including a tornado in the Kansas City area. Closer to home, here at CCCNMO we continue to work with survivors of 2017's spring floods in six counties of the Diocese of Jefferson City – providing care and creating hope for those families rebuilding and getting their lives back on track. We are providing these services in close collaboration with our friends at Catholic Charities of St. Louis and Lutheran Family and Children's Services - it is truly a team effort!

I am also thrilled to announce that we will be enhancing our disaster preparedness efforts over the next several years thanks to a grant from the Margaret A. Cargill Foundation. These funds will allow CCCNMO to work closely with our community, parish, and state and local partners to identify areas of improvement in disaster preparedness and response across the diocese, and begin to implement plans to make positive, sustainable change. Stay tuned in the coming months for more details!

Thank you to all of our supporters who continue to allow us to do this life-changing and life-saving work!

Dan Lester, Executive Director
Catholic Charities of Central & Northern Missouri

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MISSOURI'S STOP HUMAN TRAFFICKING CONFERENCE 2018
Advocating. Connecting. Educating. Empowering.

DATE:
Friday
September 21st, 2018
12pm - 4pm
FOR SOCIAL SERVICE PROVIDERS
SCHOOL ADMINISTRATORS
LAW ENFORCEMENT
MENTAL HEALTH PROVIDERS
FIRST RESPONDERS
FAITH COMMUNITY LEADERS
• LUNCH INCLUDED

LOCATION:
Catholic Diocese of
Jefferson City
Chancery Building
2207 WEST MAIN STREET • JEFFERSON CITY, MO 65109

KEYNOTE SPEAKER:
Christine McDonald
MISSOURI ADVOCATE, ACTIVIST, INSPIRATIONAL SPEAKER,
2-TIME AUTHOR AND SEX TRAFFICKING SURVIVOR

PRICE:
\$25 Registration Fee
GUEST ATTENDING ON FRIDAY CAN ALSO COME
SATURDAY AND COST IS A ONE-TIME FEE.
SURVIVORS ARE FREE • \$10 FOR STUDENTS

REGISTER:
CONTACT JAKE SEIFERT: jseifert@cccnmo.org
OR CALL 573.635.7719 • SPACE LIMITED

SPONSORED BY
Catholic Charities of Central and Northern Missouri
Providing Care...Creating Hope

Making a Big Difference in Prison Ministry!

I have searched hard, yet no words exist to fully describe the physical and emotional unrest felt with the loss of freedom. The distinctive sounds (clank!) of the cell door closing, and suddenly there is no control or power over any situation. You find yourself in a space smaller than a standard master bathroom with a complete stranger for 22 (or more) hours a day, which can go on for many months or years with little relief.

If you're not already broken you soon will be, and left with an empty tank. I knew it was my actions (and inactions) that put me in this place, but what to do now? Do I curl up in a ball of self-pity and kill myself slowly with a bottle, pills, or depression? Do I strive to make it back to the old neighborhood and show them? Or, do I begin today to fill this empty tank with all the positives I had before, meanwhile replacing the not so good items with a new and improved version? Sounds like an easy decision, but the mountain looked extremely steep and far away. I am here today because I made the decision to climb the mountain, and climb I did.

I began by tapping into every source of strength I could find, which is approximately when I walked into the Algoa Correctional Center Chapel looking for an inspirational book. It wasn't long before Chaplain Anderson asked me if I would be interested in working in the chapel. I expressed to him I was the wrong person for the Chapel, and that while I was raised and professing to be Catholic, that I was not a 'good' Catholic. I explained that I was very upset with everybody, especially myself, that I was not happy with God, and he would be better off finding someone else. His response was memorable, "NO, you are exactly the person I want working in the chapel. While you are working on refilling your tank, you can be helping a lot of men who could use your insight!" I reluctantly agreed to help, and it was one of the best decisions of my life.

I am reminded of a favorite quote of mine by Ralph Waldo Emerson, "It is one of the most beautiful compensations of this life, which no person can sincerely try to help another without helping himself."

I soon became the Catholic Representative at Algoa. I started attending Mass on Saturday mornings with Fr. Pat, and the Legion of Mary on Monday evenings with Ms. Lois. The Chaplain gave me my first bible and one of the fellow chapel workers helped me realize the power of prayer. It was through meaningful prayer and our Christ-Centered chapel brotherhood that I became a true believer.

My home parish, Our Lady of Lourdes in St. Louis, started a letter writing campaign to show me love and support. I received over 300 letters from 125 different people in 18 months; letters of emotional support from people I knew well and others I barely knew at all. Their kindness and support offered me the strength I needed to increase my outreach and efforts for the chapel and the Catholic community. Ms. Lois introduced me to the support from Catholic Charities of Central and Northern Missouri, whereby the Algoa Catholic community is allowed two food events each year sponsored by Catholic Charities. These greatly anticipated events each year provide the men with a rare glimpse of life outside the fences. If only for a couple hours, it helps to solidify a unique brotherhood and brings us all together in the Catholic faith. We also celebrate a special Mass and dinner with Fr. Pat and welcome our visitors from Catholic Charities and local parishes, which is truly special.

Last May, we enjoyed our delicious Bandana's BBQ catered event and it was a big success. Later in November, we celebrated Mass and shared our Canteen Food Event with 'Dan' and 'Jake' from Catholic Charities, resulting in the largest turnout in many years for this event! Thanks to the consistent support and spiritual mission of Catholic Charities, we are able to provide an evening where all can come together in the presence of our Lord and Savior.

On behalf of the men of Algoa and the chapels in corrections, I sincerely thank you for your support. We encourage everyone involved with Catholic Charities to attend these events so we can show our appreciation. You are making a real difference that offers a positive ripple effect throughout the camp and in the souls of these men.

Kevin M.



Helping Flood Victims

Fran and her daughter lived in an isolated bay area and were impacted by flooding in April of 2017. In the middle of the night, Fran woke up to two feet of water in her trailer, with more rushing in. She only had enough time to gather her daughter's necessary medicine and wake her up to leave the trailer. After leaving, the family stayed two nights in a truck, as it was impossible to evacuate on foot. Once the water had receded they were able to make it to a friend's house for help. Fran and her daughter then spent almost three months in a local homeless shelter.

Catholic Charities received Fran's information from local authorities after the flooding had receded. However, as so often happens after natural disasters, she was difficult to locate based on her rapid and unexpected departure from her home. Finally, after attempting to contact Fran three times via phone, she received a letter from Catholic Charities at the shelter.

Upon first meeting with Fran, it was determined that the county she resided in was not awarded federal assistance from the flooding, thus leaving little assistance for her. Fran and her Catholic Charities case manager began to develop a Disaster Recovery Plan, focusing on her family's immediate and long-term needs. Fran did not want to move back home, as there was no trailer to move back to, and they had limited resources where they were from.

First steps included assisting Fran with getting her daughter enrolled in school. Next, the family needed to receive crisis counseling, for the trauma they had endured. Fran and Catholic Charities worked to identify goals that would allow them to become independent and move out of the shelter, which included securing housing and a job. By September, Fran had a job and was able to move into an apartment for her and her daughter. Catholic Charities provided assistance in securing the apartment, coordinating in kind donations of furniture, assisting with the move in, and ensuring all their immediate basic needs were met.



IMPACT YOUR WORLD



Jake Seifert

HELP YOUR BOTTOM LINE

With an IRA charitable rollover gift you can help the work of our organization this year and enjoy valuable tax and income benefits. If you are 70½ or older, you can roll over up to \$100,000 from your IRA to charity without paying federal income tax. Even better, your gift qualifies for your required minimum distribution (RMD).

Here are some of the ways you can benefit from an IRA rollover gift this year:



Reduce Your Taxable Income.

By rolling over some or all of your RMD from your IRA to charity, you can reduce your taxable income this year.



Lower Your Social Security Tax.

Reducing your taxable income with an IRA rollover gift may also reduce the tax due on your social security payments.



Avoid IRS Tax Limits.

IRA rollover gifts may be made over and above the normal cash gift limit.



Nonitemizers: Enjoy Charitable Gift Benefits!

If you do not itemize your deductions, you can still benefit from the reduction in income and tax resulting from an IRA rollover gift.



A New Source for Major Gifts!

If you wish to make a larger gift to a campaign or special cause, you can make that gift from your IRA rather than tapping into your bank account this year.

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Make an IRA Rollover Gift today or learn more by visiting our web site at: www.gift.org